

## NAHIP HIV Health Promotion 2010-2011 Year End Activity Monitoring

### Executive Summary

In the six months of quarters 3 and 4 (October 2010 to March 2011) partners reported **1,151** discrete interventions to support the NAHIP national programme of HIV health promotion, delivered as part of **724** discrete sessions of HIV health promotion (see summary on page 2).

The primary purpose of more than a **third** of all the sessions (**n=282, 39%**) was **1-2-1 information and advice**. These sessions usually lasted 2-3 hours where staff and / or volunteers provided short face-to-face interventions to African people, usually in community settings such as shops, markets and community centres. The vast majority of 1-2-1 information and advice sessions focussed on providing information about HIV, its transmission, and prevention. Some touched on other sexually transmitted infections but most focussed on increasing awareness the risk of HIV transmission during sex. The most common themes or aims were:

- HIV testing and the benefits of knowing your status.
- Sign-posting to GUM clinics and other HIV testing sites.
- The importance of condoms, and their correct use.

Other themes included raising awareness of the range of services offered by the agency and its partners. In addition some reported offering emotional support including advice on relationship breakdown and bereavement, and support to live well with diagnosed HIV. Others reported providing practical support concerning issues such as immigration, housing, welfare benefits, volunteering, debt, university enrolment and financial advice.

The primary purpose of another **fifth (n=131, 18%)** of all NAHIP interventions reported was the provision of **group information or advice**. These sessions usually occurred in the premises of the agency delivering them or in community settings. Most covered very similar topics to the 1-2-1 information and advice with more focus on skills acquisition (assertiveness, disclosure, condom demonstration) and less on service promotion.

Between them five NAHIP partners (BHA Leeds Skyline, Derbyshire Positive Support, THT Midlands, Positive East, and Metro Centre) reported **175 1-2-1 therapeutic counselling or mentoring** sessions which account for a quarter (**24%**) of all sessions delivered in this six month period,

Most of the remaining NAHIP sessions were either **interactive distribution (n=60, 8%)** of written resources and condoms (face-to-

19<sup>th</sup> May 2011

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face, usually 1-2-1) or **static distribution (n=44, 6%)** where agencies leave resources out in community venues for collection.

Interactive distribution was far more commonly reported as a secondary activity delivered alongside other interventions. Similarly static distribution was much more likely to occur as a secondary activity, usually alongside 1-2-1 information and advice. Some partners reported a shortage of NAHIP written resources for distribution especially in quarter 4.

**Twenty-one group therapeutic interventions** were reported by five NAHIP partners in quarter 4 of 2010-2011 (BHA Leeds Skyline, BHA Manchester, Derbyshire Positive Support, Positive East, and THT Midlands).

**Seven broadcast or performance interventions** were reported by three agencies (ACP, AISD and LASS) in quarters 3 and 4 of 2010-2011.

**HIV testing in the community** was reported by LASS and THT Midlands, LASS deliver HIV testing from their offices on a drop-in basis and undertook 4 community testing sessions, including the training of community testing champions.

#### FORMAT of this report

The table on page 2 summarises all the interventions reported within NAHIP in quarters 3 and 4 of 2010-11. Where a column is split in half, the numbers in bold on the left show the volume of primary interventions in that category, and the numbers on the right (not in bold) show the volume of secondary interventions in that category.

Page 3 summarises all 1-2-1 information and advice provision across the partnership, as this was the primary purpose of **39%** of all NAHIP provision.

Page 4 summarises all group information and advice across the partnership, which was the primary purpose of **18%** of all NAHIP sessions.

Page 5 summarises all interactive distribution interventions, which were the primary purpose of **8%** of all NAHIP sessions.

Page 6 summarises all static distribution interventions, which were the primary purpose of **6%** of all NAHIP sessions.

Pages 7-8 summarise all other NAHIP funded interventions in quarter 4.

ALL NAHIP Partnerships	Agency	1-2-1 info + advice		Group info + advice		Broa d. + Perf.	Group therapy		HIV testing sessions	Africans tested (people)	Interact distribution		Static distrib.		121 therapy sessions (Africans)	Total int's.
Northern Forum	Yorkshire MESMAC	16	8	9	1	0	0	2	0	0	1	3	0	1	0	41
	BHA Leeds Skyline	18	1	5	0	0	7	0	0	0	7	4	3	10	69 (45)	124
	BHA Manchester	46	0	7	5	0	1	0	0	0	0	8	1	1	0	69
West Midlands Partnership	THT Midlands	43	7	35	4	0	5	0	0	6 (6)	14	18	10	3	11 (137)	150
	Heart of England NHS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
East Midlands Partnership	LASS	5	11	13	2	4	0	0	4	44 (140)	2	9	2	0	0	52
	AISD	33	1	13	1	1	0	0	0	0	1	23	0	3	0	76
	Derbyshire Positive	10	2	4	2	0	1	0	0	0	3	0	0	1	2 (??)	25
East of Eng.	CAFPH	1	5	11	1	0	0	0	0	0	1	0	0	1	0	20
NEAR Partnership	Rain Trust	25	0	0	25	0	0	0	0	0	0	25	0	24	0	99
	NAZ London	32	6	12	27	0	0	0	0	0	0	44	0	32	0	153
	Embrace UK	0	2	0	0	0	0	0	0	0	2	1	0	1	0	6
	ACP	9	3	2	0	2	0	0	0	0	8	0	10	2	0	36
East London Partnership	Positive East	0	9	2	0	0	7	0	0	0	0	8	0	1	87 (50)	114
	MS Development Corp.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	Widows and Orphans	25	2	16	0	0	0	0	0	0	0	7	1	27	0	78
Metro Harbour	Metro Centre (Harbour Trust)	19	3	2	7	0	0	0	0	0	21	12	17	21	6 (6)	108
<b>TOTALS</b>		<b>282</b>	<b>60</b>	<b>131</b>	<b>75</b>	<b>7</b>	<b>21</b>	<b>2</b>	<b>4</b>	<b>50 (146)</b>	<b>60</b>	<b>162</b>	<b>44</b>	<b>128</b>	<b>175</b>	<b>1151</b>

<b>1-2-1 information + advice Agency</b>	<b>1-2-1 info + advice sessions as PRIMARY Intervention</b>	<b>Total number of SITE visits for 1-2-1 info. + advice (primary)</b>	<b>Number of people reached (primary)</b>	<b>Number of Africans reached (primary)</b>	<b>Staff hours for 1-2-1 info + advice (primary)</b>	<b>1-2-1 info + advice sessions as SECONDARY intervention</b>
Yorkshire MESMAC	<b>16</b>	<b>18</b>	134	134	48.25	<b>8</b>
BHA Leeds Skyline	<b>18</b>	<b>17</b>	108	99	24	<b>1</b>
BHA Manchester	<b>46</b>	<b>51</b>	142	136	23.25	<b>0</b>
THT Midlands	<b>43</b>	<b>80</b>	369	313	155.25	<b>7</b>
Heart of England NHS	<b>0</b>	<b>0</b>	0	0	0	<b>0</b>
LASS (Leicester)	<b>5</b>	<b>4</b>	18	18	5.75	<b>11</b>
AISD (Nottingham)	<b>33</b>	<b>23</b>	642	416	103.25	<b>1</b>
Derbyshire Positive Support	<b>10</b>	<b>5</b>	17	15	17	<b>2</b>
CAFPH	<b>1</b>	<b>3</b>	46	40	5	<b>5</b>
Rain Trust	<b>25</b>	<b>249</b>	1473	1086	309.5	<b>0</b>
NAZ London	<b>32</b>	<b>150</b>	1523	1360	147	<b>6</b>
Embrace UK	<b>0</b>	<b>0</b>	0	0	0	<b>2</b>
African Culture Promotions	<b>9</b>	<b>12</b>	441	441	0	<b>3</b>
Positive East	<b>0</b>	<b>0</b>	0	0	0	<b>9</b>
MS Development Corp. Ltd.	<b>0</b>	<b>0</b>	0	0	0	<b>0</b>
Widows and Orphans	<b>25</b>	<b>21</b>	243	161	40.5	<b>2</b>
Metro Centre (Harbour Trust)	<b>19</b>	<b>30</b>	181	149	68.5	<b>3</b>
	<b>282</b>	<b>663</b>	<b>5313</b>	<b>4368</b>	947.25	<b>60</b>

<b>GROUP information + advice</b>	<b>Agency</b>	<b>GROUP info + advice sessions as PRIMARY intervention</b>	<b>Number of SITE visits for GROUP info + advice (primary)</b>	<b>Number of people reached (primary)</b>	<b>Number of Africans reached (primary)</b>	<b>Staff hours for GROUP info + advice (primary)</b>	<b>GROUP info + advice as SECONDARY intervention</b>
	Yorkshire MESMAC	<b>9</b>	<b>9</b>	186	155	33.25	<b>1</b>
	BHA Leeds Skyline	<b>5</b>	<b>5</b>	90	62	9	<b>0</b>
	BHA Manchester	<b>7</b>	<b>4</b>	123	120	22	<b>5</b>
	THT Midlands	<b>35</b>	<b>29</b>	668	429	104.5	<b>4</b>
	Heart of England NHS	<b>0</b>	<b>0</b>	0	0	0	<b>0</b>
	LASS (Leicester)	<b>13</b>	<b>7</b>	216	196	33.5	<b>2</b>
	AISD (Nottingham)	<b>13</b>	<b>7</b>	246	182	50.25	<b>1</b>
	Derbyshire Positive Support	<b>4</b>	<b>0</b>	24	17	10.5	<b>2</b>
	CAFPH	<b>11</b>	<b>2</b>	212	???	29.5	<b>1</b>
	Rain Trust	<b>0</b>	<b>0</b>	0	0	0	<b>25</b>
	NAZ London	<b>12</b>	<b>4</b>	325	246	40	<b>27</b>
	Embrace UK	<b>0</b>	<b>0</b>	0	0	0	<b>0</b>
	African Culture Promotions	<b>2</b>	<b>2</b>	25	25	6	<b>0</b>
	Positive East	<b>2</b>	<b>1</b>	19	9	18	<b>0</b>
	MS Development Corp. Ltd.	<b>0</b>	<b>0</b>	0	0	0	<b>0</b>
	Widows and Orphans	<b>16</b>	<b>8</b>	225	214	39.25	<b>0</b>
	Metro Centre (Harbour Trust)	<b>2</b>	<b>2</b>	15	???	6.5	<b>7</b>
<b>TOTALS</b>		<b>131</b>	<b>80</b>	<b>2374</b>	<b>1655</b>	402.25	<b>75</b>

<b>INTERACTIVE Distribution Agency</b>	<b>SESSIONS of interactive distribution as PRIMARY intervention</b>	<b>Total number of SITE visits for interactive distribution (PRIMARY)</b>	<b>STAFF HOURS for all interactive distribution (PRIMARY)</b>	<b>Total number of PEOPLE REACHED – (PRIMARY)</b>	<b>Total number of AFRICANS REACHED – (PRIMARY)</b>	<b>SESSIONS of interactive distribution as SECONDARY intervention</b>	<b>TOTAL numbers of items distributed (cards, wallets, posters. T-shirts – NOT inc. condoms)</b>
Yorkshire MESMAC	1	1	4	5	5	3	103
BHA Leeds Skyline	7	6	11.5	101	84	4	105
BHA Manchester	0	0	0	0	0	8	305
THT Midlands	14	51	77	418	297	18	1866
Heart of England NHS	0	0	0	0	0	0	0
LASS (Leicester)	2	2	1.25	11	10	9	207
AISD (Nottingham)	1	1	4	32	20	23	925
Derbyshire Positive Support	3	2	11	62	62	0	265
CAFPH	1	9	3	20	???	0	286
Rain Trust	0	0	0	0	0	25	1529
NAZ London	0	0	0	0	0	44	1974
Embrace UK	2	6	24.75	144	116	1	285
African Culture Promotions	8	9	25.5	430	360	0	850
Positive East	0	0	0	0	0	8	0
MS Development Corp. Ltd.	0	0	0	0	0	0	0
Widows and Orphans	0	0	0	0	0	7	782
Metro Centre (Harbour Trust)	21	56	99.25	320	222	12	980
<b>TOTALS</b>	<b>60</b>	<b>143</b>	<b>261.25</b>	<b>1543</b>	<b>1176</b>	<b>162</b>	<b>10462</b>

<b>STATIC Distribution Agency</b>	<b>SESSIONS of static distribution as PRIMARY intervention</b>	<b>Total number of SITE visits for static distribution (PRIMARY)</b>	<b>STAFF HOURS for all static distribution (PRIMARY)</b>	<b>Total number of PEOPLE REACHED – (PRIMARY)</b>	<b>Total number of AFRICANS REACHED – (PRIMARY)</b>	<b>SESSIONS of static distribution as SECONDARY intervention</b>	<b>TOTAL numbers of items distributed (cards, wallets, posters. T-shirts – NOT inc. condoms)</b>
Yorkshire MESMAC	0	0	0	0	0	1	45
BHA Leeds Skyline	3	4	1.25	11	9	10	213
BHA Manchester	1	4	1.25	15	12	1	153
THT Midlands	10	33	33.5	94	79	3	365
Heart of England NHS	0	0	0	0	0	0	0
LASS (Leicester)	2	2	2	62	62	0	28
AISD (Nottingham)	0	0	0	0	0	3	100
Derbyshire Positive Support	0	0	0	0	0	1	13
CAFPH	0	0	0	0	0	1	96
Rain Trust	0	0	0	0	0	24	1551
NAZ London	0	0	0	0	0	32	10,465
Embrace UK	0	0	0	0	0	1	140
African Culture Promotions	10	111	49	154	149	2	3182
Positive East	0	0	0	0	0	1	Condoms only
MS Development Corp. Ltd.	0	0	0	0	0	0	0
Widows and Orphans	1	1	.5	8	8	27	702
Metro Centre (Harbour Trust)	17	45	54.75	147	122	21	984
<b>TOTALS</b>	<b>44</b>	<b>200</b>	<b>142.25</b>	<b>491</b>	<b>441</b>	<b>128</b>	<b>18037</b>

## **Broadcast and performance**

Seven broadcast or performance interventions were reported in total. These were undertaken by LASS, ACP, and AISD.

**LASS** reported four broadcast and performance interventions. Two in quarter 3 and two in quarter 4. In quarter 3 they held an event in a nightclub to promote HIV awareness and also a World AIDS Day event. These events were attended by a total of 112 Africans. In quarter 4 they held events in February and March; one as part of community development activity and another as part of a health day for the Congolese community. These were attended by a further 108 Africans.

**AISD** reported one event which took place in quarter 3 and was held on World AIDS Day and involved people in the local music community. The event was attended by 100-200 people.

**ACP** reported two events that took place in quarter 3. One was in November as a World AIDS Day event and included a play. The second event took place in December and was held in a church with a pastor talking about HIV. 483 Africans attended these events.

## **Group therapeutic change (group counselling)**

Twenty one group counselling interventions were reported. They were reported by five different organisations - BHA Leeds Skyline, BHA Manchester, Derbyshire Positive Support, Positive East and Terrence Higgins Trust Midlands. 338 people were seen in total, of which 221 were African.

**BHA Leeds Skyline** (Northern Forum) reported seven sessions. Three were in quarter 3 and covered issues around assertiveness, disclosure and communication and negotiation skills. The four reported in quarter 4 covered the last four weekly meetings of a 6

week course for Africans with diagnosed HIV which they ran on their own premises. The course covered "Healthy boundaries"; maintaining boundaries including declining unprotected and unwanted sex; increased confidence and assertiveness and feelings around changing behaviour. 91 people were seen in total, 76 of which were African.

**BHA Manchester** reported one session in quarter 3. This was to encourage willingness to contribute to the wellbeing of the community through testing and prevention. 23 people were seen in total, all of which were African.

**Positive East** reported all seven weekly meetings of a 7 week course attended by up to 15 African women with diagnosed HIV. The course addressed communication skills, self-esteem and confidence building, with a concentration on issues relating to sex (disclosure, sex and sexuality and STIs) and confidence in forming and managing relationships. 76 people were seen in total, of which 53 were African.

**THT Midlands** reported two interventions in quarter 3 and three group therapeutic change interventions in quarter 4. However, all sessions appear more like training or group information and advice and none were delivered by trained counsellors. For example, one of the interventions (18-3-2011) offered "basic HIV information with most specific information on HIV testing; including the importance of testing and where to test". 144 people were seen in total, of which 67 were African.

**Derbyshire Positive Support** reported one weekly meeting of Young People's HIV Support Group. The group met for three hours, with two trained counsellors and offered peer support, social inclusion and HIV treatment advice. 4 people were seen in total, of which 2 were African.

### **HIV testing in the community**

Community testing interventions were reported by **LASS** and in quarter 4, THT Midlands. LASS delivered HIV testing from their offices on a drop-in basis and undertook 140 tests, of which 44 were with African people. They also undertook 4 dedicated testing sessions - three as part of their training of HIV testing champions - and one other in Corby (Northamptonshire) as part of their sector development activity with Corby Sunrise Family Support Group.

**THT Midlands** reported 6 HIV tests with African people in quarter 4. These were all undertaken in THT premises.

### **1-2-1 therapeutic interventions (or mentoring)**

One hundred and seventy five 1-2-1 therapeutic counselling interventions were reported by five NAHIP partner organisations - BHA Leeds Skyline, Derbyshire Positive Support, Metro Centre, Positive East and Terrence Higgins Trust Midlands.

**BHA Leeds Skyline** reported 69 sessions of 1-2-1 therapeutic counselling, most of which were in their own premises. Forty five African people with HIV, benefitted from these interventions. Topics covered during this period included: self-esteem, confidence, disclosure, coping and adjustment to diagnosis, treatment adherence, knowledge and understanding of HIV; alcohol and risk; and domestic violence. All sessions were delivered by qualified counsellors.

**Metro Centre** reported 6 sessions of mentoring, which occurred with seven people, six of which were African.

**Positive East** reported 87 sessions of 1-2-1 counselling, mostly in their own premises. Fifty people, all African and all with diagnosed HIV, benefitted from these psychological interventions offered by

clinical psychologists. The sessions were sometimes supported by an African Communities Worker to address issues of cultural appropriateness and acceptability. Issues covered in sessions include sexual trauma, forced sex, negotiation of safe sex *etc.*

**Terrence Higgins Trust Midlands** reported 11 sessions of 1-2-1 therapeutic counselling which 137 people attended. It seems unlikely that these sessions have been appropriately reported but efforts to clarify how they should be classified are on-going.

### **Sector development**

The **East Midlands Partnership** reported 6 days of sector development - mainly shared between the three partners to expand their partnership southwards to encompass Corby. LASS delivered 3 days to help a new organisation - Corby Family Support Group - to develop new HIV services including HIV testing sessions in a GP surgery. AISD delivered one day, assisting Derbyshire Positive Support to expand its HIV prevention work and DPS delivered 2 days working with African students in Derby University on HIV, Health and Social Care and developing links with the University and Faith-in-People for the delivery of BME HIV information.

**BHA Manchester** reported 1.5 days sector development in Sheffield.

**NOTE: LATE reported interventions not included in this report**  
**Centre for all Families Positive Health** reported 14 additional interventions more than a week after the deadline for all reporting.

**AISD (Nottingham)** reported late one additional intervention after the deadline for all reporting in quarter 4.

**BHA Manchester** reported late a range of direct contact interventions, in a variety of cities apart from Manchester and Leeds.