

# NAHIP HIV Health Promotion 2012-13 Quarter 1 Activity Monitoring Report

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## Executive Summary

In the last three month roll-over of the NAHIP HIV Health promotion contract (April 2012 – June 2012) partners reported **548** different interventions to support the NAHIP national programme of HIV health promotion, delivered as part of **334** discrete sessions of HIV health promotion (see summary of activities on page 2).

The primary purpose of almost half of all the sessions (**n=149, 45%**) was **1-2-1 information and advice**. These sessions usually lasted 2-3 hours where staff and / or volunteers provided short face-to-face interventions to African people, usually in community settings. The vast majority of 1-2-1 information and advice sessions were focussed on providing information about HIV, its transmission, and prevention. Some touched on other sexually transmitted infections but most focussed on increasing awareness the risk of HIV transmission during sex. The most common themes or aims were:

- HIV testing and the benefits of knowing your status.
- Sign-posting to GUM clinics and other HIV testing sites.
- The importance of condoms, and their correct use.
- Immigration issues.
- PEP

Other themes included raising awareness of the range of services offered by the agency and its partners. In addition some providers reported offering emotional support including advice on relationship breakdown and bereavement, declining unwanted sex and support to live well with diagnosed HIV. Others reported providing practical support concerning issues such as immigration, housing, welfare benefits, volunteering, debt, university enrolment, and financial advice.

The next most common primary purpose of all NAHIP interventions reported in quarter 1 was the provision of **group information or advice (n=66, 20%)**. These sessions mainly occurred in the premises of the agency delivering them, with a third of them being held in community settings. Most covered very similar topics to the 1-2-1 information and advice with more focus on skills acquisition (assertiveness, disclosure, condom demonstration) and less on service promotion.

Most of the remaining NAHIP sessions were either **interactive distribution (n=41, 12%)** of written resources and condoms (face-to-face, usually 1-2-1) or **static distribution (n=23, 7%)** where agencies leave resources out in community venues for collection.

Interactive distribution was far more commonly reported as a secondary activity delivered alongside other interventions. Similarly static distribution was much more likely to occur as a secondary activity, usually alongside 1-2-1 information and advice.

**Four group therapeutic interventions** were reported by **one** NAHIP partner in quarter 1 (Yorkshire MESMAC).

**Eight broadcast or performance interventions** were reported by three NAHIP partners (Corby Sunrise, AISD & LASS) in quarter 1.

**HIV testing in the community** sessions were reported by Corby Sunrise Family Support and Embrace only.

### FORMAT of this report

The table on page 2 summarises all the interventions reported within NAHIP in quarter 1 of 2012-2013. Where a column is split in half, the numbers in bold on the left show the volume of primary interventions in that category, and the numbers on the right (not in bold) show the volume of secondary interventions in that category.

Page 3 summarises all 1-2-1 information and advice provision across the partnership, as this was the primary purpose of **45%** of all NAHIP provision in quarter 1.

Page 4 summarises all group information and advice across the partnership, which was the primary purpose of **20%** of all NAHIP-funded sessions.

Page 5 summarises all interactive distribution interventions, which were the primary purpose of **12%** of all NAHIP sessions.

Page 6 summarises all static distribution interventions, which were the primary purpose of **7%** of all NAHIP sessions.

Pages 7 summarise all other NAHIP funded interventions delivered in quarter 1 of 2012-2013.

ALL NAHIP Partnerships	Agency	1-2-1 info + advice		Group info + advice		Broad + Perf.	Group therapy		HIV testing sessions	Africans tested (people)	Interact distribution		Static distrib.		121 therapy sessions (Africans)	Total int's.
Northern Forum	Yorkshire MESMAC	1	8	4	0	0	4	0	0	0	0	4	0	1	0	22
	BHA Leeds Skyline	9	0	1	0	0	0	0	0	0	0	4	0	6	0	20
	BHA Manchester	5	1	1	0	0	0	0	0	0	0	0	0	1	0	8
West Midlands Partnership	THT Midlands	5	9	10	0	0	0	0	0	0	2	4	1	4	0	35
	Heart of England	8	1	2	0	0	0	0	0	0	4	0	0	5	0	20
East Midlands Partnership	LASS	6	6	5	0	3	0	0	0	0	0	6	1	2	0	29
	AISD	14	2	5	1	3	0	0	0	0	0	11	0	7	0	43
	Corby Sunrise	1	7	1	1	2	0	0	10	2 (4)	0	3	0	0	0	25
	Derbyshire Positive Sup	8	1	5	1	0	0	0	0	0	1	0	0	1	0	17
East of Eng.	CAFPH	8	1	15	1	0	0	0	0	0	0	1	0	0	0	26
NEAR Partnership	Rain Trust	0	0	0	0	0	0	0	0	0	0	4	4	0	0	8
	NAZ London	14	0	8	10	0	0	0	0	0	0	22	0	10	0	64
	Embrace UK	9	0	2	0	0	0	0	1	9 (20)	3	0	3	1	0	19
	ACP	3	0	0	0	0	0	0	0	0	8	0	0	0	0	11
East London Partnership	Positive East	0	1	1	0	0	0	0	0	0	0	0	0	0	32 (27)	34
	MS Development Corp.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	Widows and Orphans	24	0	3	1	0	0	0	0	0	0	27	0	0	0	55
Metro Harbour	Metro Centre Ltd.	34	9	3	0	0	0	0	0	0	23	21	14	8	0	112
<b>TOTALS</b>		<b>149</b>	<b>46</b>	<b>66</b>	<b>15</b>	<b>8</b>	<b>4</b>	<b>0</b>	<b>11</b>	<b>11</b>	<b>41</b>	<b>107</b>	<b>23</b>	<b>46</b>	<b>32</b>	<b>548</b>

<b>1-2-1 information + advice</b>	<b>1-2-1 info + advice as <u>PRIMARY</u> intervention</b>	<b>Number of SITE visits for 121 info. + advice (primary)*</b>	<b>Number of people reached (primary)</b>	<b>Number of Africans reached (primary)</b>	<b>Staff hours for 1-2-1 info + advice (primary)</b>	<b>1-2-1 info + advice as <u>SECONDARY</u> intervention</b>
<b>Agency</b>						
Yorkshire MESMAC	1	1	10	10	1	8
BHA Leeds Skyline	9	12	148	81	19	0
BHA Manchester	5	5	32	32	13	1
THT Midlands	5	7	121	94	18.5	9
Heart of England	8	10	85	81	22.75	1
LASS (Leicester)	6	2	13	13	6	6
AISD (Nottingham)	14	21	393	263	60.5	2
Corby Sunrise	1	1	1	1	2	7
Derbyshire Positive Support	8	3	12	8	15.25	1
CAFPH	8	32	111	87	16.75	1
Rain Trust	0	0	0	0	0	0
NAZ London	14	40	628	553	65.5	0
Embrace UK	9	21	176	161	43.5	0
African Culture Promotions	3	5	101	98	12	0
Positive East	0	0	0	0	0	1
MS Development Corp. Ltd.	0	0	0	0	0	0
Widows and Orphans	24	20	403	228	51	0
Metro Harbour Trust	34	46	257	197	79.5	9
<b>Totals</b>	<b>149</b>	<b>226</b>	<b>2491</b>	<b>1907</b>	<b>426.25</b>	<b>46</b>

\*when the total number of site visits are less than the number of interventions delivered it indicates that some interventions were delivered in the offices of the agency.

<b>GROUP information + advice Agency</b>	<b>GROUP info + advice as PRIMARY intervention</b>	<b>Number of SITE visits for GROUP info + advice (primary)</b>	<b>Number of people reached (primary)</b>	<b>Number of Africans reached (primary)</b>	<b>Staff hours for GROUP info + advice (primary)</b>	<b>GROUP info + advice as SECONDARY intervention</b>
Yorkshire MESMAC	4	4	59	54	9	0
BHA Leeds Skyline	1	1	11	11	2	0
BHA Manchester	1	1	27	24	4	0
THT Midlands	10	5	199	183	24.5	0
Heart of England	2	2	33	33	6	0
LASS (Leicester)	5	4	172	100	12	0
AISD (Nottingham)	5	1	94	62	24.75	1
Corby Sunrise	1	1	12	12	2	1
Derbyshire Positive Support	5	0	42	33	14.5	1
CAFPH	15	1	322	154	43	1
Rain Trust	0	0	0	0	0	0
NAZ London	8	0	199	198	26.5	10
Embrace UK	2	1	22	19	4	0
African Culture Promotions	0	0	0	0	0	0
Positive East	1	0	11	11	6.5	0
MS Development Corp. Ltd.	0	0	0	0	0	0
Widows and Orphans	3	2	26	16	8	1
Metro Harbour Trust	3	2	17	15	7.75	0
<b>TOTALS</b>	<b>66</b>	<b>26</b>	<b>1246</b>	<b>925</b>	<b>194.5</b>	<b>15</b>

\*if the total number of site visits are less than the number of interventions delivered it indicates that some interventions were delivered in the offices of the agency.

<b>INTERACTIVE Distribution Agency</b>	<b>SESSIONS of interactive distribution as PRIMARY intervention</b>	<b>Number of SITE visits for interactive distribution (PRIMARY)</b>	<b>STAFF HOURS for all interactive distribution (PRIMARY)</b>	<b>Number of PEOPLE REACHED – (PRIMARY)</b>	<b>Number of AFRICANS REACHED – (PRIMARY)</b>	<b>Interactive distribution as SECONDARY intervention</b>	<b>TOTAL numbers of items distributed (cards, wallets, posters. T-shirts – NOT inc. condoms)</b>
Yorkshire MESMAC	0	0	0	0	0	4	160
BHA Leeds Skyline	0	0	0	0	0	4	14
BHA Manchester	0	0	0	0	0	0	0
THT Midlands	2	9	10	62	62	4	134
Heart of England	4	4	13.75	199	189	0	85
LASS (Leicester)	0	0	0	0	0	6	156
AISD (Nottingham)	0	0	0	0	0	11	1239
Corby Sunrise	0	0	0	0	0	3	214
Derbyshire Positive Support	1	0	2	1	1	0	210
CAFPH	0	0	0	0	0	1	80
Rain Trust	0	0	0	0	0	4	950
NAZ London	0	0	0	0	0	22	929
Embrace UK	3	7	9.75	48	39	0	5
African Culture Promotions	8	18	28	630	605	0	4460
Positive East	0	0	0	0	0	0	0
MS Development Corp. Ltd.	0	0	0	0	0	0	0
Widows and Orphans	0	0	0	0	0	27	250
Metro Harbour Trust	23	40	82.75	543	382	21	768
<b>TOTALS</b>	<b>41</b>	<b>78</b>	<b>146.25</b>	<b>1483</b>	<b>1278</b>	<b>107</b>	<b>9510</b>

<b>STATIC Distribution Agency</b>	<b>SESSIONS of static distribution as PRIMARY Intervention</b>	<b>Total number of SITE visits for static distribution (PRIMARY)</b>	<b>STAFF HOURS for all static distribution (PRIMARY)</b>	<b>Total number of PEOPLE REACHED – (PRIMARY)</b>	<b>Total number of AFRICANS REACHED – (PRIMARY)</b>	<b>Static distribution as SECONDARY intervention</b>	<b>TOTAL numbers of items distributed (cards, wallets, posters. T-shirts – NOT inc. condoms)</b>
Yorkshire MESMAC	0	0	0	0	0	1	96
BHA Leeds Skyline	0	0	0	0	0	6	142
BHA Manchester	0	0	0	0	0	1	22
THT Midlands	1	3	4	30	15	4	82
Heart of England	0	0	0	0	0	5	108
LASS (Leicester)	1	1	.5	40	35	2	70
AISD (Nottingham)	0	0	0	0	0	7	517
Corby Sunrise	0	0	0	0	0	0	0
Derbyshire Positive Support	0	0	0	0	0	1	20
CAFPH	0	0	0	0	0	0	0
Rain Trust	4	6	16	78	40	0	1100
NAZ London	0	0	0	0	0	10	127
Embrace UK	3	6	10	No data	No data	1	135
African Culture Promotions	0	0	0	0	0	0	0
Positive East	0	0	0	0	0	0	0
MS Development Corp. Ltd.	0	0	0	0	0	0	0
Widows and Orphans	0	0	0	0	0	0	0
Metro Harbour Trust	14	43	34	296	260	8	641
<b>TOTALS</b>	<b>23</b>	<b>59</b>	<b>64.5</b>	<b>444</b>	<b>350</b>	<b>46</b>	<b>3060</b>

### **Broadcast and performance**

Eight broadcast or performance interventions were reported in quarter 1, undertaken by LASS, AISD & Corby Sunrise (all in the East Midlands Partnership).

- **LASS** held specific events in community venues and covered issues around condom use and PEP.
- **Corby Sunrise** held specific events addressing issues around stigma and HIV testing.
- **AISD** participated in pre-existing community events in Nottingham that involved radio, music and dancing and focussed on HIV cancer and nutrition, HIV testing and how HIV is transmitted.

### **Group therapeutic change (group counselling)**

Four group therapy sessions were delivered by Yorkshire MESMAC.

These concentrated on how to reduce the spread of HIV through a reduction in partner numbers, providing information on how HIV is transmitted, HIV testing & PEP. They also provided information on other sexually transmitted infections

### **HIV testing in the community**

Community testing interventions were reported by Corby Sunrise & Embrace in quarter 1. Corby Sunrise reported four HIV tests with two of those being African, all sessions were held in their premises. Embrace reported twenty HIV tests with nine of those testing being African. The Embrace HIV testing event was held in a library.

### **1-2-1 therapeutic interventions (or mentoring)**

Thirty two 1-2-1 therapeutic counselling interventions were reported in quarter 1 by Positive East.

**Positive East** reported 53 sessions of 1-2-1 therapeutic counselling in quarter 1, all in their own premises. Twenty seven people attended of which all had diagnosed HIV and were African women. All sessions were delivered by a trained counsellor / therapist.

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