

NAHIP HIV Health Promotion 2011-2012 Activity Monitoring End of Year Report.

Executive Summary

In the twelve months of the NAHIP HIV Health promotion contract (April 2011 – April 2012) partners reported **2470** different interventions to support the NAHIP national programme of HIV health promotion, delivered as part of **1565** discrete sessions of HIV health promotion (see summary of activities on page 2).

The primary purpose of a **third** of all the sessions (**n=533, 34%**) was **1-2-1 information and advice**. These sessions usually lasted 2-3 hours where staff and / or volunteers provided short face-to-face interventions to African people, usually in community settings. The vast majority of 1-2-1 information and advice sessions were focussed on providing information about HIV, its transmission, and prevention. Some touched on other sexually transmitted infections but most focussed on increasing awareness the risk of HIV transmission during sex. The most common themes or aims were:

- HIV testing and the benefits of knowing your status.
- PEP
- Sign-posting to GUM clinics and other HIV testing sites.
- The importance of condoms, and their correct use.
- Factors associated with HIV transmission

Other themes included raising awareness of the range of services offered by the agency and its partners. In addition some providers reported offering emotional support including advice on relationship breakdown, declining unwanted sex, bereavement, and support to live well with diagnosed HIV. Others reported providing practical support concerning issues such as immigration, housing, welfare benefits, volunteering, debt, university enrolment, and financial advice.

Another common primary purpose of all NAHIP interventions reported was the provision of **group information or advice (n=269, 17%)**. Half of these sessions occurred in the premises of the agency delivering them, with the remainder in community settings. Most covered very similar topics to the 1-2-1 information and advice with more focus on skills acquisition (assertiveness, disclosure, condom demonstration) and less on service promotion.

Between them two NAHIP partners (BHA Leeds Skyline & Positive East) delivered **393 (25%) 1-2-1 therapeutic counselling** sessions over 12 months.

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Most of the remaining NAHIP sessions were either **interactive distribution (n=185, 12%)** of written resources and condoms (face-to-face, usually 1-2-1) or **static distribution (n=104, 7%)** where agencies leave resources out in community venues for collection.

Interactive distribution was far more commonly reported as a secondary activity delivered alongside other interventions. Similarly static distribution was much more likely to occur as a secondary activity, usually alongside 1-2-1 information and advice.

Twenty nine group therapeutic interventions were reported by **six** NAHIP partners in 2011-2012 (BHA Leeds Skyline, AISD, THT Midlands, Corby Sunrise Family Support, Positive East & Yorkshire MESMAC).

Eighteen broadcast and performance interventions were reported by five NAHIP partners in 2011 -2012 (BHA Leeds Skyline, LASS, AISD, Corby Sunrise Family Support & Derbyshire Positive Support).

HIV testing in the community was reported by Corby Sunrise Family Support, LASS and Derbyshire Positive Support only.

FORMAT of this report

The table on page 2 summarises all the interventions reported within NAHIP in 2011-12. Where a column is split in half, the numbers in bold on the left show the volume of primary interventions in that category, and the numbers on the right (not in bold) show the volume of secondary interventions in that category.

Page 3 summarises all 1-2-1 information and advice provision across the partnership, as this was the primary purpose of **34%** of all NAHIP provision in 2011-2012.

Page 4 summarises all group information and advice provision across the partnership, which was the primary purpose of **17%** of all NAHIP sessions.

Page 5 summarises all interactive distribution interventions, which were the primary purpose of **12%** of all NAHIP sessions.

Page 6 summarises all static distribution interventions, which were the primary purpose of **7%** of all NAHIP sessions.

Page 7 summarises the number of African people seen in all NAHIP interventions in 2011-12 and describes all other NAHIP funded interventions.

ALL NAHIP Partnerships	Agency	1-2-1 info + advice		Group info + advice		Broad + Perf.	Group therapy		HIV testing sessions	African s tested (people)	Interact distrib.		Static distrib.		121 therapy sessions (Africans)	Total int's.
Northern Forum	Yorkshire MESMAC	28	9	11	1	0	11	7	0	0	0	33	0	13	151 (80)	264
	BHA Leeds Skyline	22	5	15	0	1	5	0	0	0	7	13	1	8	0	77
	BHA Manchester	17	2	10	1	0	0	0	0	0	0	21	0	0	0	51
West Midlands Partnership	THT Midlands	19	23	26	1	0	0	0	0	0	14	20	4	15	0	122
	Heart of England	9	6	8	5	0	0	0	0	0	0	7	1	6	0	42
East Midlands Partnership	LASS	11	12	24	2	3	0	0	3	47 (47)	0	14	0	7	0	76
	AISD	37	5	24	3	9	2	5	0	0	10	31	5	21	0	152
	Corby Sunrise	13	20	16	4	3	2	2	23	17 (35)	2	8	2	6	0	101
	Derbyshire Positive Sup	35	9	16	1	2	2	2	8	7 (8)	2	5	0	2	0	84
East of Eng.	CAFPH	13	6	31	2	0	0	1	0	0	0	3	0	4	0	60
NEAR Partnership	Rain Trust	10	2	6	9	0	0	2	0	0	14	13	4	25	0	85
	NAZ London	80	9	20	57	0	0	0	0	0	0	100	0	38	0	304
	Embrace UK	22	6	15	1	0	0	0	0	0	75	4	19	9	0	151
	ACP	35	0	8	2	0	0	0	0	0	20	3	20	3	0	91
East London Partnership	Positive East	0	4	2	0	0	7	0	0	0	0	4	0	9	242 (89)	268
	MS Development Corp.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	Widows and Orphans	67	7	25	0	0	0	0	0	0	0	80	0	9	0	188
Metro Harbour	Metro Centre Ltd.	115	11	12	11	0	0	0	0	0	41	74	48	42	0	354
TOTALS		533	136	269	100	18	29	19	34	71	185	433	104	217	393	2470

1-2-1 information + advice Agency	1-2-1 info + advice as <u>PRIMARY</u> intervention	Number of SITE visits for 121 info. + advice (primary)*	Number of people reached (primary)	Number of Africans reached (primary)	Staff hours for 1-2-1 info + advice (primary)	1-2-1 info + advice as <u>SECONDARY</u> intervention
Yorkshire MESMAC	28	30	352	335	85.75	9
BHA Leeds Skyline	22	21	127	98	36.75	5
BHA Manchester	17	25	287	268	35.75	2
THT Midlands	19	31	418	305	66.25	23
Heart of England	9	18	152	117	30.5	6
LASS (Leicester)	11	3	15	12	15.25	12
AISD (Nottingham)	37	37	937	687	120.25	5
Corby Sunrise	13	4	9	5	20.25	20
Derbyshire Positive Support	35	1	57	36	50.75	9
CAFPH	13	43	539	432	38	6
Rain Trust	10	74	696	490	29	2
NAZ London	80	216	3771	3270	347.75	9
Embrace UK	22	16	34	33	16.5	6
African Culture Promotions	35	44	809	748	189.75	0
Positive East	0	0	0	0	0	4
MS Development Corp. Ltd.	0	0	0	0	0	0
Widows and Orphans	67	53	1382	885	167.75	7
Metro Harbour Trust	115	141	769	845	301.75	11
Totals	533	757	10354	8566	1552	136

*if the total number of site visits are less than the number of interventions delivered it indicates that some interventions were delivered in the offices of the agency.

GROUP information + advice Agency	GROUP info + advice as PRIMARY intervention	Number of SITE visits for GROUP info + advice (primary)	Number of people reached (primary)	Number of Africans reached (primary)	Staff hours for GROUP info + advice (primary)	GROUP info + advice as SECONDARY intervention
Yorkshire MESMAC	11	10	356	334	38.25	1
BHA Leeds Skyline	15	14	251	227	30.5	0
BHA Manchester	10	9	170	158	22.25	1
THT Midlands	26	19	1279	714	92	1
Heart of England	8	8	181	174	20.5	5
LASS (Leicester)	24	13	578	541	79.75	2
AISD (Nottingham)	24	9	322	276	83.5	3
Corby Sunrise	16	15	172	135	47	4
Derbyshire Positive Support	16	2	316	138	42.25	1
CAFPH	31	3	866	308	93.75	2
Rain Trust	6	0	199	194	19	9
NAZ London	20	9	552	440	68.5	57
Embrace UK	15	9	137	99	28.25	1
African Culture Promotions	8	2	95	81	20	2
Positive East	2	0	25	25	15	0
MS Development Corp. Ltd.	0	0	0	0	0	0
Widows and Orphans	25	10	408	305	77	0
Metro Harbour Trust	12	11	262	118	49.5	11
TOTALS	269	143	6169	4267	827	100

*if the total number of site visits are less than the number of interventions delivered it indicates that some interventions were delivered in the offices of the agency.

INTERACTIVE Distribution Agency	SESSIONS of interactive distribution as PRIMARY intervention	Number of SITE visits for interactive distribution (PRIMARY)	STAFF HOURS for all interactive distribution (PRIMARY)	Number of PEOPLE REACHED – (PRIMARY)	Number of AFRICANS REACHED – (PRIMARY)	Interactive distribution as SECONDARY intervention	Items distributed (cards, wallets, posters. T-shirts – NOT inc. condoms)
Yorkshire MESMAC	0	0	0	0	0	33	2285
BHA Leeds Skyline	7	7	12.25	54	47	13	187
BHA Manchester	0	0	0	0	0	21	129
THT Midlands	14	27	73.75	1250	616	20	3706
Heart of England	0	0	0	0	0	7	332
LASS (Leicester)	0	0	0	0	0	14	428
AISD (Nottingham)	10	0	28.5	113	106	31	3741
Corby Sunrise	2	4	12	26	26	8	562
Derbyshire Positive Support	2	0	2.25	2	2	5	1063
CAFPH	0	0	0	0	0	3	700
Rain Trust	14	95	54	977	520	13	4535
NAZ London	0	0	0	0	0	100	4567
Embrace UK	75	222	181.75	1609	1275	4	6172
African Culture Promotions	20	58	83.5	2894	2707	3	14500
Positive East	0	0	0	0	0	4	12
MS Development Corp. Ltd.	0	0	0	0	0	0	0
Widows and Orphans	0	0	0	0	0	80	2549
Metro Harbour Trust	41	100	125	817	571	74	3117
TOTALS	185	513	573	7742	5870	433	48585

STATIC Distribution Agency	SESSIONS of static distribution as PRIMARY Intervention	Total number of SITE visits for static distribution (PRIMARY)	STAFF HOURS for all static distribution (PRIMARY)	Total number of PEOPLE REACHED – (PRIMARY)	Total number of AFRICANS REACHED – (PRIMARY)	Static distribution as SECONDARY intervention	TOTAL numbers of items distributed (cards, wallets, posters. T-shirts – NOT inc. condoms)
Yorkshire MESMAC	0	0	0	0	0	13	1670
BHA Leeds Skyline	1	1	.25	1	1	8	193
BHA Manchester	0	0	0	0	0	0	0
THT Midlands	4	18	23	86	66	15	90
Heart of England	1	8	12	150	Incomplete data	6	179
LASS (Leicester)	0	0	0	0	0	7	418
AISD (Nottingham)	5	22	16	65	46	21	2661
Corby Sunrise	2	5	9	13	12	6	339
Derbyshire Positive Support	0	0	0	0	0	2	24
CAFPH	0	0	0	0	0	4	1092
Rain Trust	4	32	16	416	210	25	4981
NAZ London	0	0	0	0	0	38	4965
Embrace UK	19	47	22.25	291	263	9	2263
African Culture Promotions	20	136	105	269	220	3	22168
Positive East	0	0	0	0	0	9	10
MS Development Corp. Ltd.	0	0	0	0	0	0	0
Widows and Orphans	0	0	0	0	0	9	149
Metro Harbour Trust	48	170	117.5	570	422	42	2379
TOTALS	104	439	321	1861	1240	217	43581

Total number of African people reached in 2011 -12 by intervention:

Intervention	Number of African people
1-2-1 information & advice	8566
Group info & advice	4267
Broadcast & performance	1561
1-2-1 therapeutic	169
Group therapeutic	394
HIV testing in the community	71
Interactive distribution	5870
Static distribution	1240
Total	22138

Broadcast and performance

Eighteen broadcast or performance interventions were reported in 2011 - 2012, undertaken by LASS, AISD, Derbyshire Positive Support, Corby Sunrise (East Midlands Partnership) and BHA Leeds (Northern Forum).

The events were varied in content and ranged from football matches to live music events and spots on radio. Subjects covered included HIV testing, prevention and support, correct condom use and how to engage the community.

Group therapeutic change (group counselling)

Twenty-nine group counselling interventions were reported in 2011 - 2012. They were reported by six organisations – Yorkshire MESMAC & BHA Leeds (Northern Forum); AISD, Corby Sunrise & Derbyshire Positive Support (East Midlands Partnership); and Positive East (East London Partnership). Topics explored in these sessions included sex and relationships, self expression, negotiating sex, behaviour change and community development.

HIV testing in the community

Community testing interventions were reported by Corby Sunrise, LASS and Derbyshire Positive Support during 2011 -2012. Corby Sunrise reported thirty-seven HIV tests with eleven of those being taken by African people. LASS reported forty-seven HIV tests with all of those being taken by African people. Derbyshire Positive Support reported eight HIV tests with seven of those being African people. Sessions were undertaken in a variety of places some of which were community settings as part of an event, in a medical centre or in the agencies' premises.

1-2-1 therapeutic interventions (or mentoring)

Three hundred and ninety three 1-2-1 therapeutic counselling interventions were reported in 2011 -2012 by two NAHIP partner organisations – BHA Leeds & Positive East.

BHA Leeds Skyline reported 151 sessions of 1-2-1 therapeutic counselling, all of which took place in their own premises. Eighty people attended these sessions, all of whom were African people with diagnosed HIV. Topics covered included: self-esteem, confidence, disclosure, coping & adjustment to diagnosis, treatment adherence, knowledge & understanding of HIV, anger management and being the parent of a child with HIV. All sessions were delivered in Leeds Skyline offices by qualified counsellors.

Positive East reported 242 sessions of 1-2-1 therapeutic counselling in 2011 -2012, all of these sessions took place in their own premises. Eighty-nine people attended of which all had diagnosed HIV and were African women. All sessions were delivered by a trained counsellor / therapist. The target group for these sessions are African women living with HIV who have experienced trauma.